

# Our Gospel Value this week is Humility

<https://www.youtube.com/watch?v=mYrdhefZCaU>

# Our Virtue this week is Temperance



**We gather together to love,  
value and respect each other  
within our Catholic family, to  
nurture each individual's  
talents and skills as Jesus  
taught us.**

***Everyone matters and is loved by  
God.***

**Peace be with you  
and with your Spirit**

Jesus Christ light of the world  
... **shine brightly in our lives**



Jesus Christ God's living  
Word  
... **speak to us your truth**



Jesus Christ God's love  
revealed  
... **dwell among us**



Our lit candle reminds us that  
we are in God's presence as  
we mark ourselves with the  
sign of the cross

**In the name of the Father,  
and of the Son  
and of the Holy Spirit  
Amen**

# We Say Sorry

You are the way that leads to the Father. Lord, have mercy.

**Lord, have mercy.**

You are the truth that brings joy to the world. Christ, have mercy.

**Christ, have mercy.**

You are the life that renews the world  
Lord, have mercy.

**Lord, have mercy.**

Today Jesus talks about how we have all done things that are wrong. Instead of picking on the tiny mistakes of others, we should change the things that are not so good about our own behaviour.

Let's think a bit more about this....

Loving God, help us to see when we are doing something that hurts or upsets others. Help us to say sorry and to make a change. Fill our hearts with your love and goodness.

**Amen**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

**He's the way, he's the truth,  
he's the life.**

**He's the way, he's the truth,  
he's the life.**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

*We listen to the word*

Gospel according to Luke 6:39-45

**May the words of Jesus be**

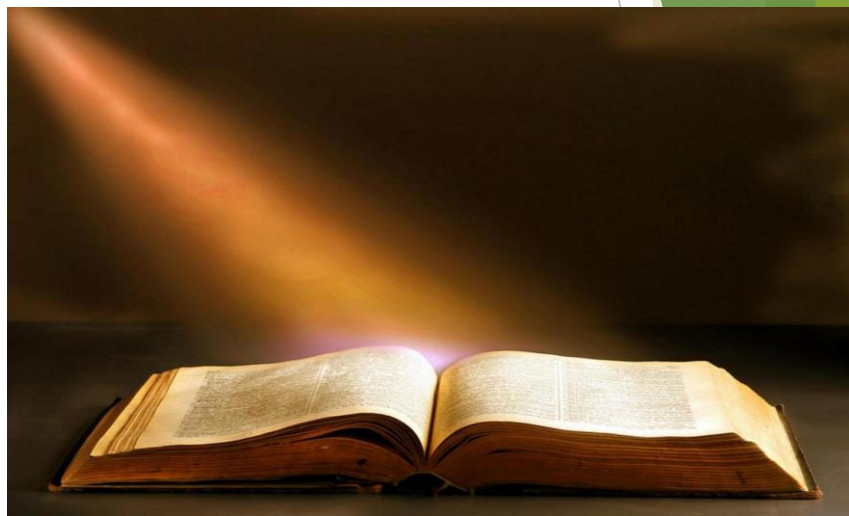
**On my mind**

**On my lips and**

**In my heart**

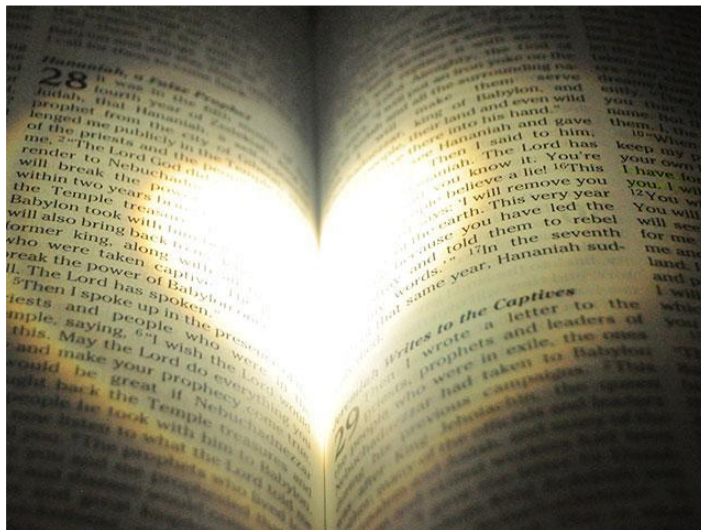
The Gospel of the Lord

**Praise to you Lord Jesus Christ**



**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

We are still and silent as we reflect on God's word for us in the Gospel.



Jesus is talking to the disciples - he talks about seeing a tiny speck of dust in someone else's eye, but not seeing the great wooden log in our own.

Can anyone guess what Jesus means here?



Jesus is saying it is much easier to notice the mistakes that others make, than it is to realise when we have made a mistake or done something wrong ourselves.

What does Jesus tell the disciples they must do?



He says they must take the log out of their own eye before they can take the speck out of someone else's.

He is saying we must change the way we act before we can expect anyone else to change.



If we cannot be good and do what is right, how can we ask other people to do the same?



Think quietly for a moment about something you might have done wrong.

How could you change that? Could you share more? Be kinder or more helpful to others? Could you stop teasing a brother, sister or friend? Could you keep your room tidy? Or switch off lights when they're not needed?



It's not always easy to change the way we act but perhaps we can all try this week.

Who do you think can help us to make this change?

God can help us. If we let him, God will fill our hearts with goodness and love, hope, courage and generosity.



Filled with these things we will not be able to stop ourselves from wanting to share them with others.

Jesus says in today's reading that good people have a store of goodness in their heart. That the words someone says come from what is in their heart.



So if we let God fill our hearts with goodness and love, we will be able to speak words that share that goodness and love with others.



This year is a special Jubilee Year and we are called to be “Pilgrims of Hope”.

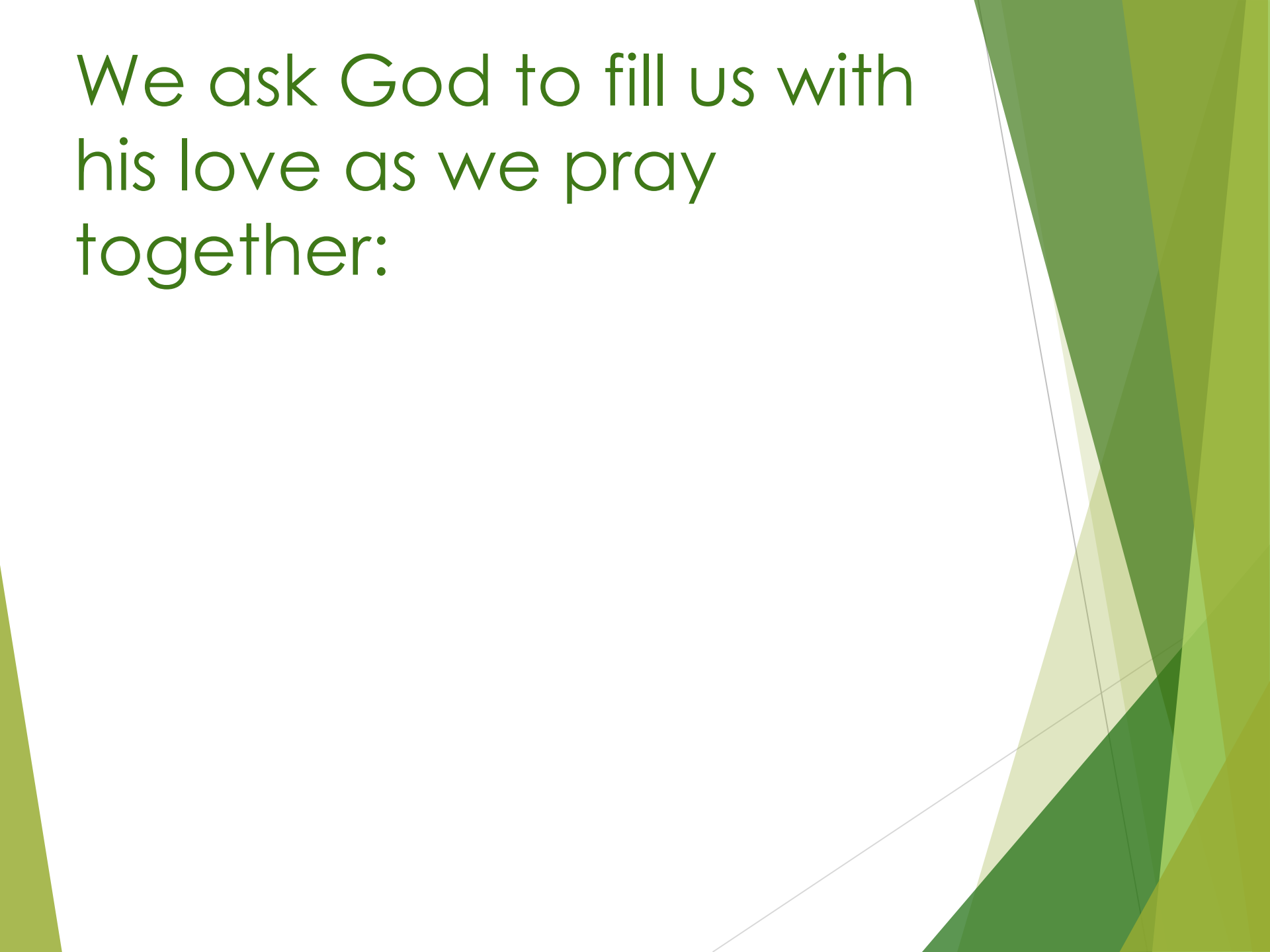
There are all kinds of problems in our world, like poverty and hunger and climate change, but through our actions and the way we speak to others we can share hope as we all work together for a better world.



In silence, pray for each other -  
that God will be with all of us.



We ask God to fill us with  
his love as we pray  
together:



We pray for the Church  
throughout the world: that  
we may be an example of  
the goodness, love and  
hope of God in our world.

Lord, in your mercy

**Hear our prayer**

We pray for world  
leaders: that the words  
that they speak and the  
things that they do may  
come from a heart filled  
with goodness.

Lord, in your mercy

**Hear our prayer**

We pray for our school,  
parish, families and friends:  
that we may all be willing  
to open our hearts to God,  
to admit our mistakes, to  
make a change, and to  
speak up for what is right.

Lord, in your mercy

**Hear our prayer**

In this Jubilee Year, we  
pray that we may be  
signs of hope in our  
world through all that we  
do and how we treat  
one another.

Lord, in your mercy

**Hear our prayer**

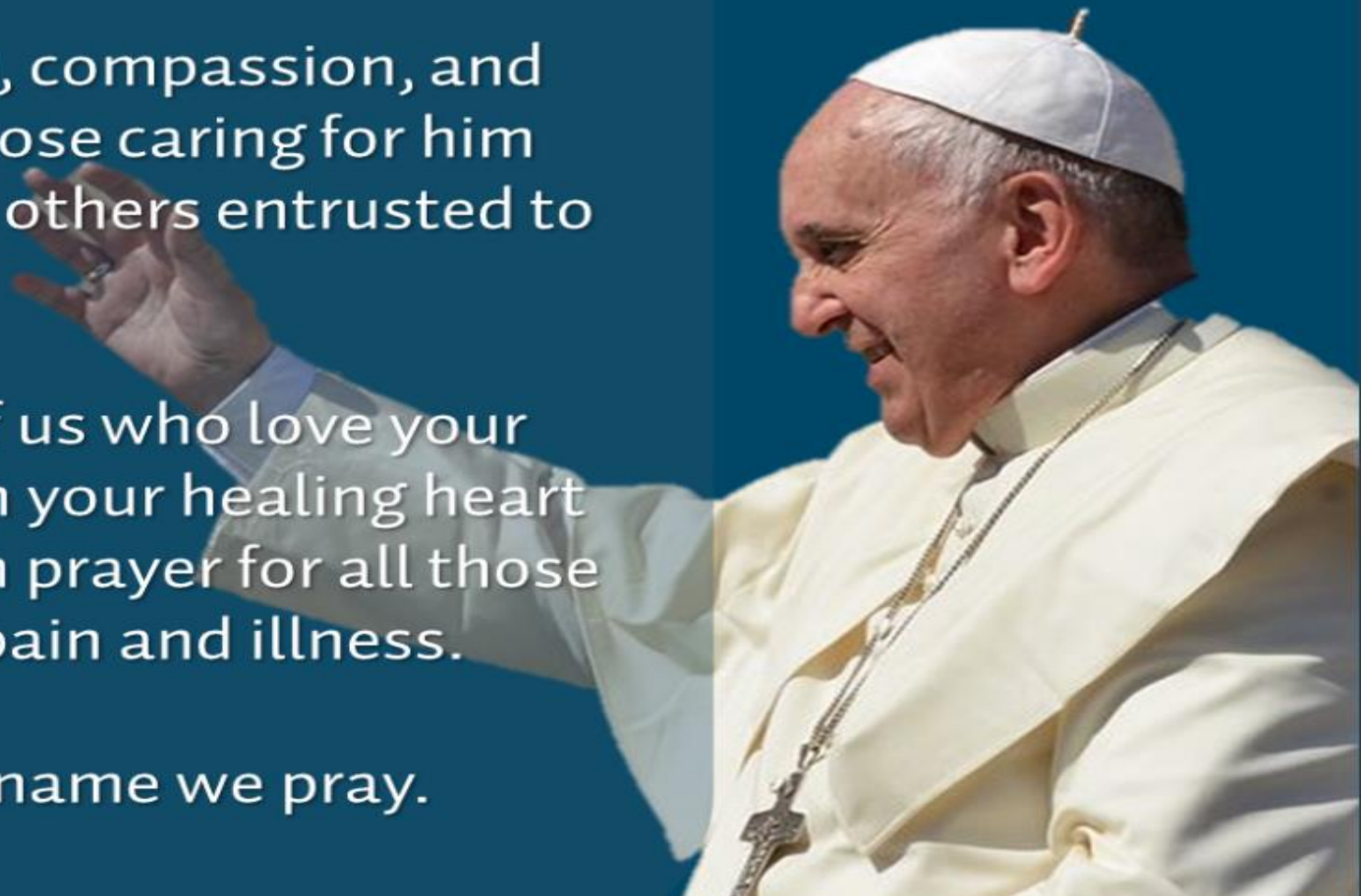
# *A prayer for Pope Francis*

Lord, we ask that you watch over Pope Francis and grant him the courage, strength, and healing he needs.

Grant wisdom, compassion, and empathy to those caring for him and as well as others entrusted to their care.

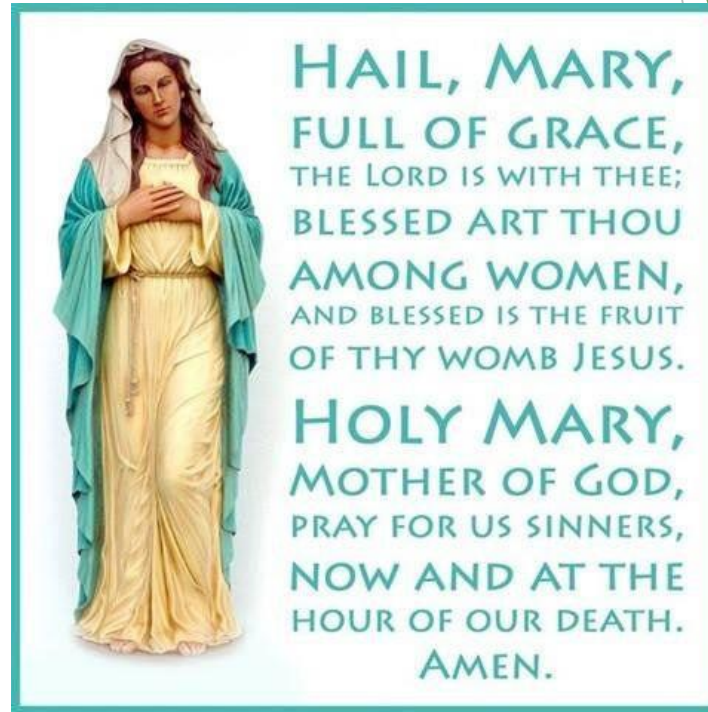
Grant those of us who love your Church faith in your healing heart and unite us in prayer for all those experiencing pain and illness.

In Jesus' holy name we pray.  
AMEN.



We take a moment now to pray for our own intentions.

We ask Our Lady to intercede on our behalf as we say together...



Generous God, lead us to be the people you know we can be. Fill us with hope, courage and goodness. Help us to make a change so that the world may be a better place for all people.

**Amen.**

St Anthony

**Pray for us**

St Mark

**Pray for us**

St Francis

**Pray for us**

St Alban

**Pray for us**

How will  
you follow  
Jesus this  
week?

# In the week ahead try to...

- ▶ use the store of goodness in your heart
- ▶ speak out and make changes to be the best person you can be
- ▶ make the world a better place for others

**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the image, creating a modern, layered effect.

Let us go in  
peace

**Thanks be to God**

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