

# Our Gospel Value this week is Peace

<https://www.youtube.com/watch?v=bURkIF4aULM>

# Our Virtue this week is Faith



We gather together to love,  
value and respect each other  
within our Catholic family, to  
nurture each individual's  
talents and skills as Jesus  
taught us.

*Everyone matters and is loved  
by God.*

Peace be with you  
**and with your Spirit**

Jesus Christ light of the world  
... **shine brightly in our lives**



Jesus Christ God's living  
Word  
... **speak to us your truth**



Jesus Christ God's love  
revealed  
... **dwell among us**



Our lit candle reminds us that  
we are in God's presence as  
we mark ourselves with the  
sign of the cross

**In the name of the Father,  
and of the Son  
and of the Holy Spirit  
Amen**

# We Say Sorry

You call us to love one another  
Lord, have mercy.  
**Lord, have mercy.**

You make us all children of God  
Christ, have mercy.  
**Christ, have mercy.**

You invite us all to call God our  
Father  
Lord, have mercy.  
**Lord, have mercy.**

Today we hear about how  
Jesus appeared to the  
disciples and shared peace  
with them.

Let's think some more  
about peace today...

God of peace, watch over those who face violence in their daily lives. Help us to be forgiving and to do what we can to bring peace to others. We ask this through Christ our Lord,

**Amen**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

**He's the way, he's the truth,  
he's the life.**

**He's the way, he's the truth,  
he's the life.**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

*We listen to the word*

Gospel according to John 20:19-31

**May the words of Jesus be**

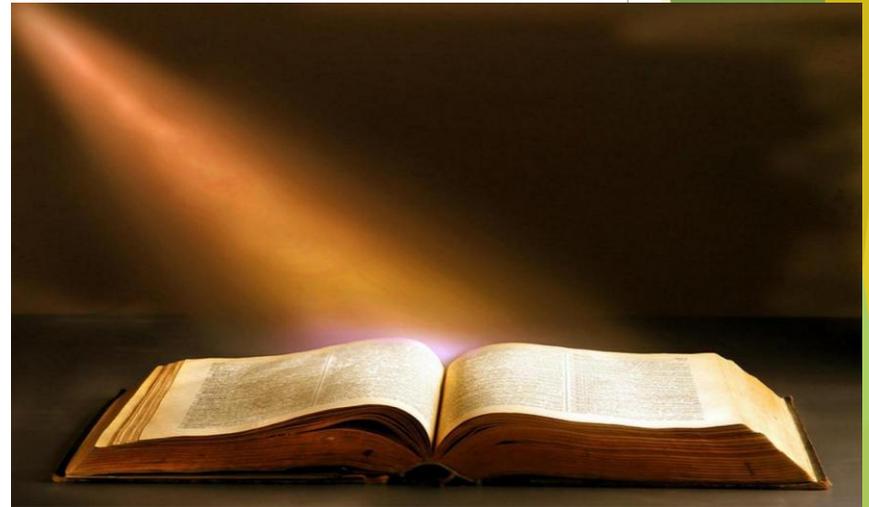
**On my mind**

**On my lips and**

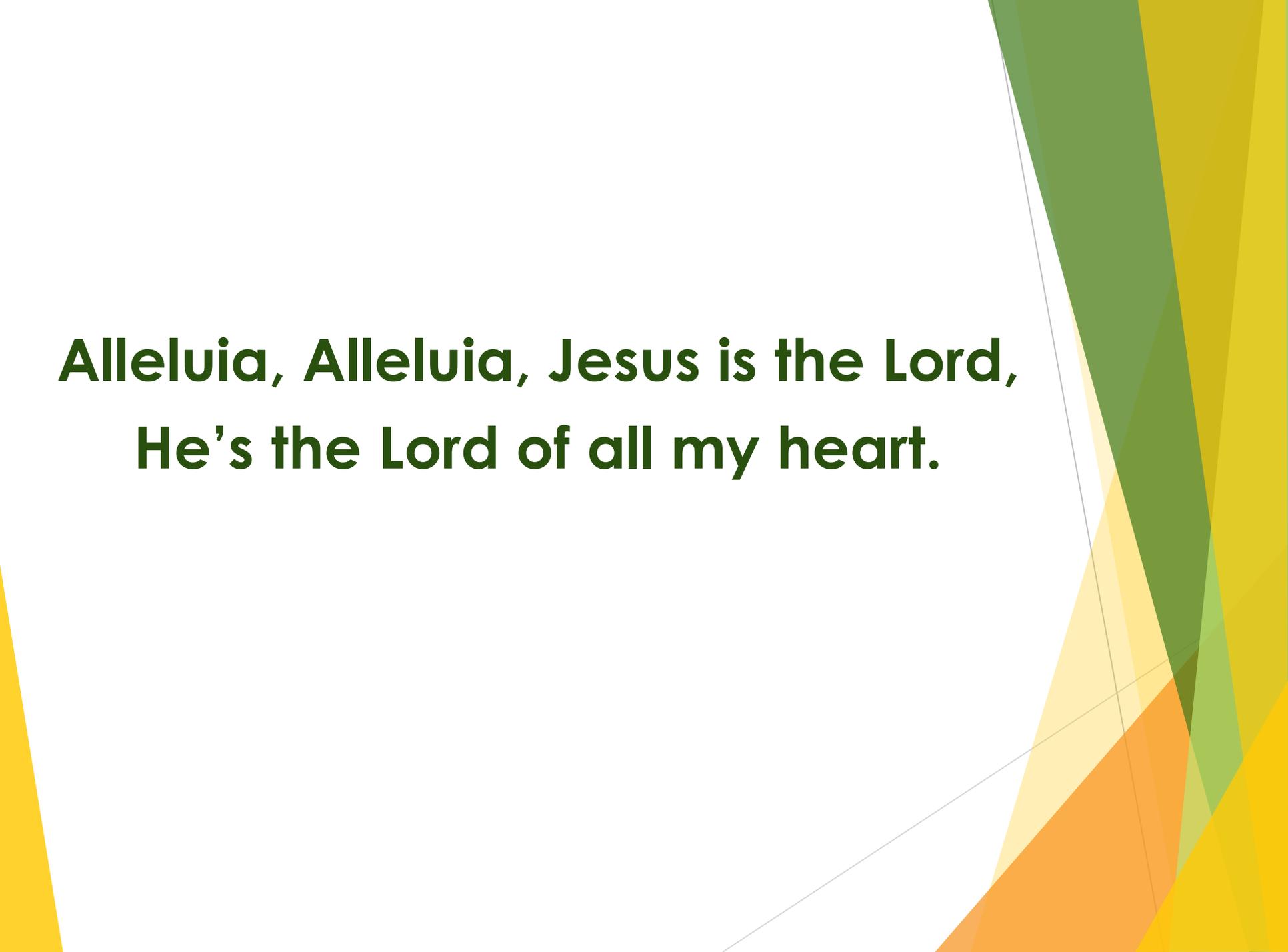
**In my heart**

The Gospel of the Lord

**Praise to you Lord Jesus Christ**



**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**





The disciples are frightened and lonely and so they have locked themselves away.

Who suddenly appears in the room?

Jesus says: “Peace be with you.”

How did the disciples feel when they heard this? Why?



The disciples were filled with joy that Jesus had risen from the dead and was with them again.

Thomas wasn't there with the rest of the disciples when Jesus appeared. He refused to believe Jesus had been there until he saw for himself.



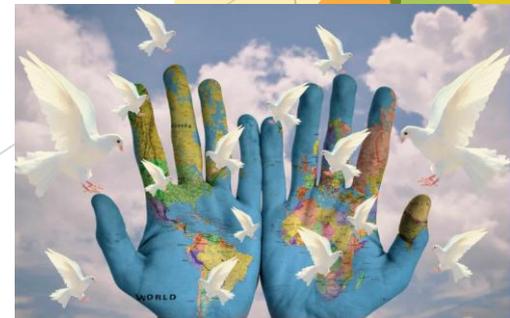
We all have times when we can be a bit like Thomas. When we find it hard to believe in God and his love for us. Times when we are not really sure if God really is here with us.

But God is always with us, even though we can't see him.

Peace can mean different things to different people.



CAFOD asked some children around the world what peace meant to them, here are some of their answers:



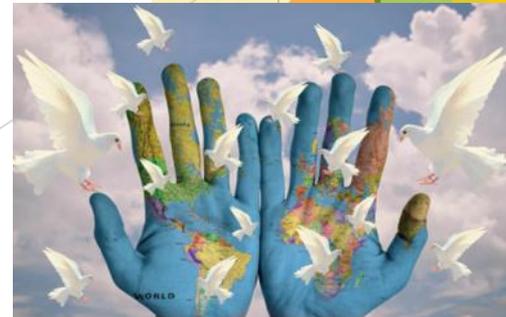
Lucky in Kenya said, “Peace is very important and it makes us be united.”

Sebastian who lives in Colombia said that “peace is forgiveness”. He also thinks that “peace is very beautiful”.

Yulia in Ukraine said: “My dream is to have peace over our heads.”

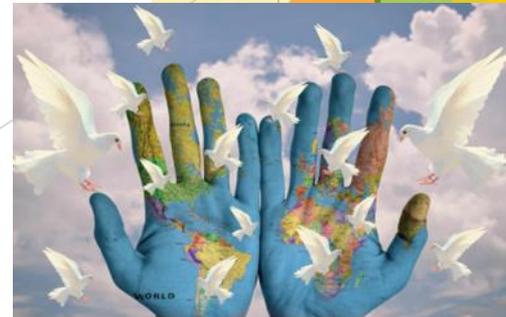


What does peace mean to you?

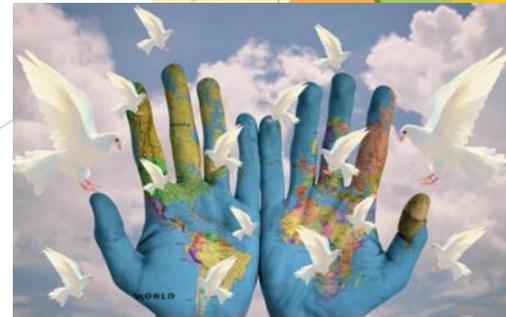


There are many places in the world right now where there is conflict and war. Millions of people have had to leave their homes. Many have fled to other nearby countries.

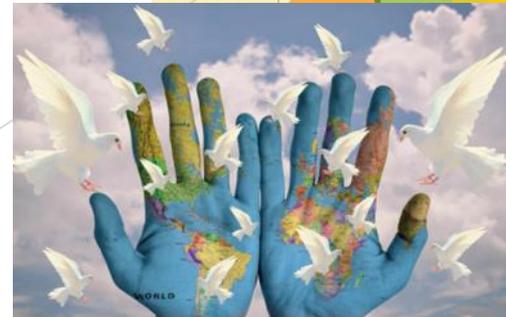
CAFOD is part of a family of Catholic charities around the world called Caritas. When an emergency happens, Caritas is already there.



For instance, CAFOD has been helping Caritas to reach communities in Ukraine since the war broke out three years ago. They have been giving out food baskets and drinking water, offering hot meals and healthcare services to those in need.

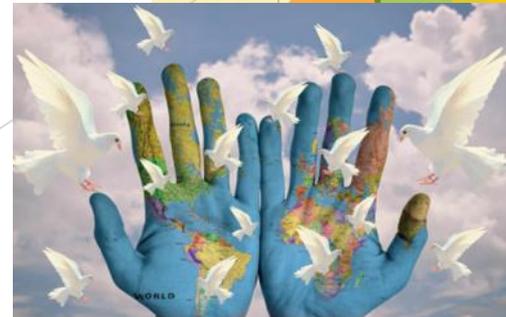


Maria, Stephan and their four children had to flee the fighting and found shelter in a village on the other side of country. They couldn't afford the firewood that they needed to keep warm in the cold, snowy winter. But they were able to ask for and get help from Caritas.

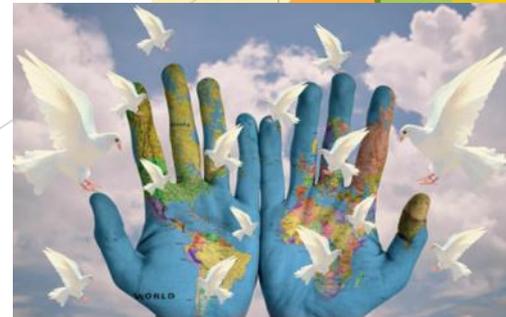


Let us remember in our prayers this week everyone who is affected by war, and all the people who are working to support them. We pray that God will give them courage, strength and hope at this difficult time.

We also pray for world leaders to make the right decisions which will help to bring peace.



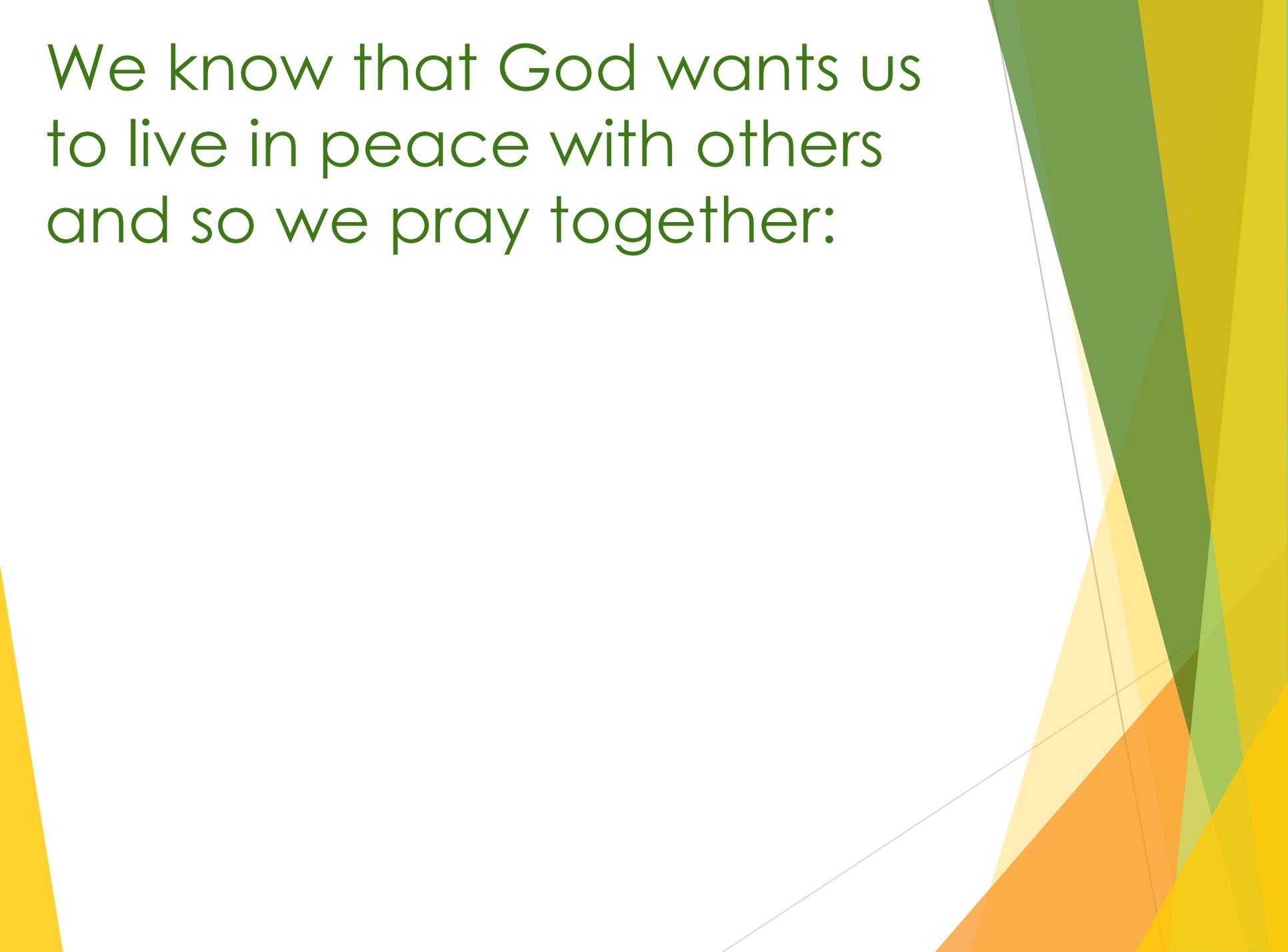
We can try to share peace in our lives. We can try to make things right when we have argued with a friend or family member. We can try to talk to people calmly when something upsets us or makes us angry, rather than shouting or stamping or being violent. We can stand up for what is right and help others who need some extra support.



In silence, pray for each other -  
that God will be with all of us.



We know that God wants us  
to live in peace with others  
and so we pray together:



We pray for world leaders:  
that they may do all that they  
can to bring peace to all  
people.

Lord, in your mercy

**Hear our prayer**

We pray for all those who are  
afraid because of violence  
and conflict: that they may  
know peace and safety.

Lord, in your mercy

**Hear our prayer**

We pray for all people who are working to build peace in their communities: that they may find strength to carry on, even in the hardest times.

Lord, in your mercy

**Hear our prayer**

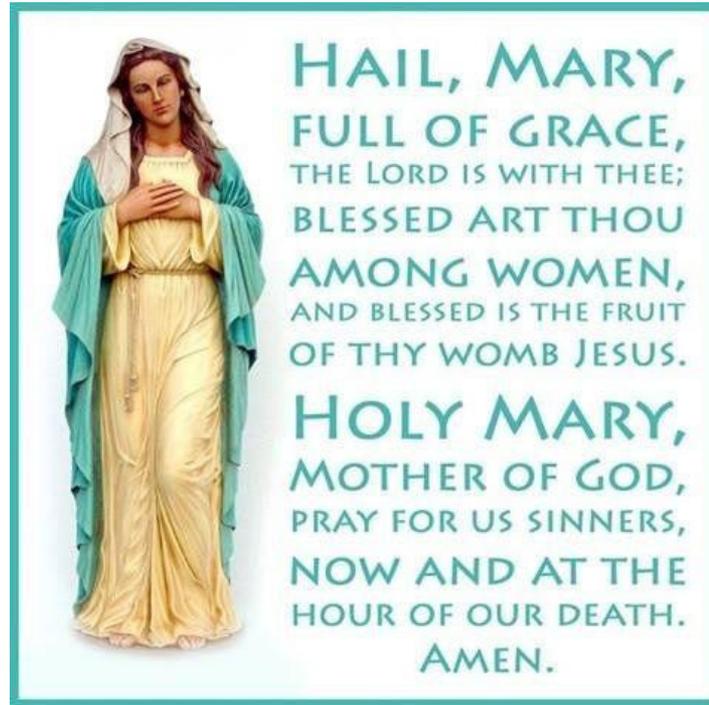
We pray for our school,  
parish, families and  
friends: that we may  
share peace with those  
who are close to us and  
with others around the  
world.

Lord, in your mercy

**Hear our prayer**

We take a moment now to pray for our own intentions.

We ask our Lady to intercede on our behalf as we say together ...



God of light, help us to bring peace to those who face violence, war and conflict, so that all your children around the world may know hope and happiness.

**Amen.**

St Anthony

**Pray for us**

St Mark

**Pray for us**

St Francis

**Pray for us**

St Alban

**Pray for us**

How will  
you follow  
Jesus this  
week?

# In the week ahead let's try to ...

- ▶ pray and work for peace in our world
- ▶ share peace in our lives
- ▶ make things right when we have argued with a friend or family member.
- ▶ talk to people calmly when something upsets us or makes us angry, rather than shouting or stamping or being violent.
- ▶ stand up for what is right and help others who need some extra support.

**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**

Let us go in  
peace

**Thanks be to God**

# Our Gospel Value this week is Peace

<https://www.youtube.com/watch?v=uW6xcmqfiY4>

# Our Virtue this week is Faith

