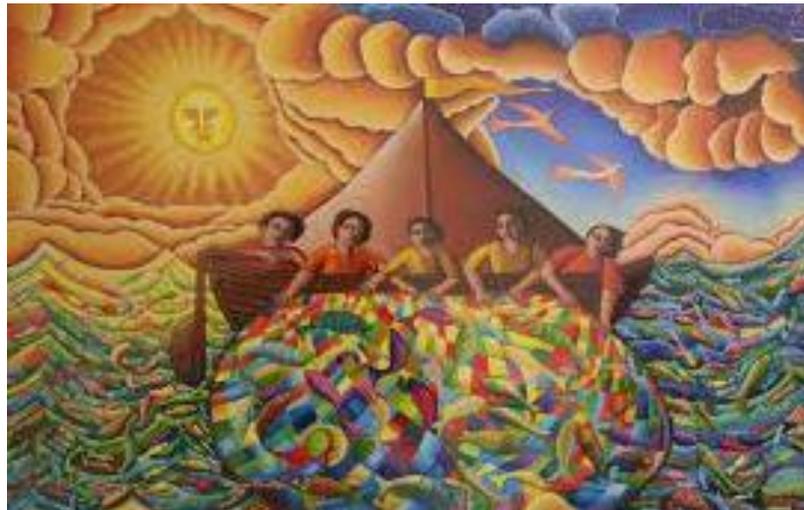


**Our Gospel Value this  
week is  
Courage**

<https://www.youtube.com/watch?v=ogFW6Xbrig0>

**Our Virtue this week is  
Justice**



We gather together to love,  
value and respect each other  
within our Catholic family, to  
nurture each individual's  
talents and skills as Jesus  
taught us.

*Everyone Matters and is loved  
by God.*

Peace be with you  
**and with your Spirit**

Jesus Christ light of the world  
... **shine brightly in our lives**



Jesus Christ God's living  
Word  
... **speak to us your truth**



Jesus Christ God's love  
revealed  
... **dwell among us**



Our lit candle reminds us that  
we are in God's presence as  
we mark ourselves with the  
sign of the cross

**In the name of the Father,  
and of the Son  
and of the Holy Spirit  
Amen**

# We Say Sorry

You call us to love one another  
Lord, have mercy.  
**Lord, have mercy.**

You make us all children of God  
Christ, have mercy.  
**Christ, have mercy.**

You invite us all to call God our  
Father  
Lord, have mercy.  
**Lord, have mercy.**

Today we hear about how Jesus appeared to the disciples while they were fishing, helped them to catch more fish and ate with them on the beach afterwards.

Let's think some more about this today...

Christ Jesus, you returned to give your disciples courage and strengthen their faith. Make us brave and help us to believe in you, so that we may care for all our brothers and sisters around the world.

**Amen**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

**He's the way, he's the truth,  
he's the life.**

**He's the way, he's the truth,  
he's the life.**

**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

*We listen to the word*

Gospel according to John 21:1-19

**May the words of Jesus be**

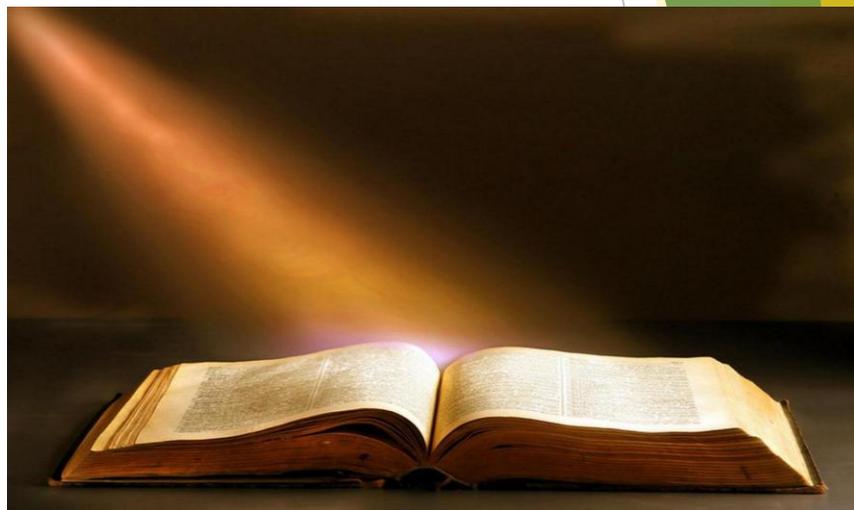
**On my mind**

**On my lips and**

**In my heart**

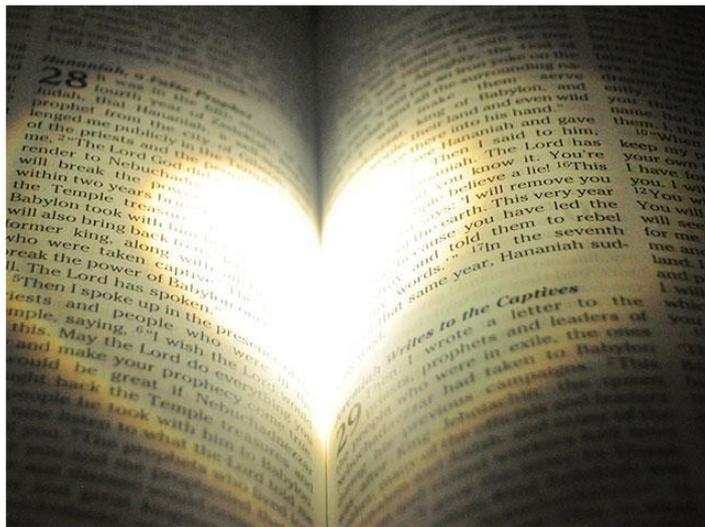
The Gospel of the Lord

**Praise to you Lord Jesus Christ**



**Alleluia, Alleluia, Jesus is the Lord,  
He's the Lord of all my heart.**

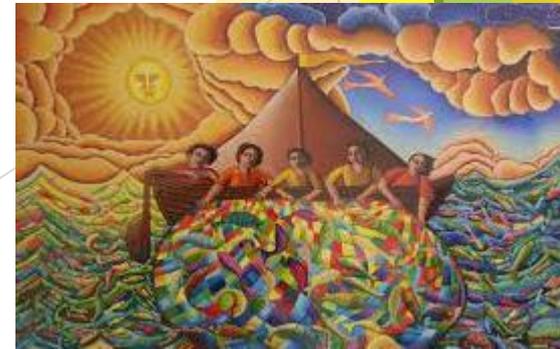
We are still and silent as we reflect on God's word for us in the Gospel.



After Jesus had died and risen again, the disciples were out fishing in their boat, when Jesus appeared on the beach. They hadn't managed to catch anything, so Jesus told them to throw out their net again.

This time they managed to catch lots and lots of fish.

How do you think the disciples felt about catching so many fish?



The disciples headed back to the beach and they shared some breakfast with Jesus.

How do you think the disciples felt about seeing Jesus again and spending time with him?



They must have been so happy and excited. But maybe a little nervous too?

How do you feel when you see someone you haven't seen for ages?

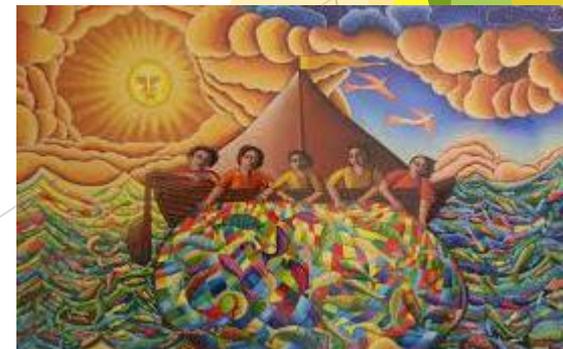
Perhaps you have friends or members of your family who live a long way away.

What do you do and say when you see them?



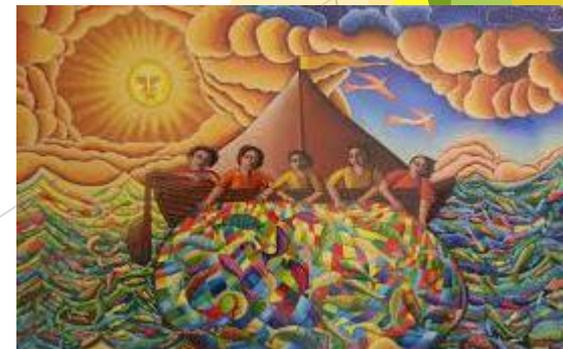
Sitting together with others to eat is a great way to get to know or catch up with people and can be lots of fun.

Can you think of a time when you have sat with others to eat a meal? Was it dinner at home? Or school lunch? Or at Easter or another special occasion?



Who was there? And what did you do? Did you eat in silence? Or did you spend time talking to each other? Did you share the same food?

All around the world people come together to eat and share food with each other.



But there are also lots of people who do not have enough food to eat. Do you think that is fair?

Even though there is enough food in the world for everyone to have what they need, it is not shared fairly.

So this week, as we sit together and eat with others, let's think about all the other people around the world who are doing the same thing.

And let's also think about all the people who do not have enough food to eat.

Let's pray for them and work together with them to make sure that everyone has their fair share of food.

Let's give what we can of our time and our talents to make the world a fairer place.

In silence, pray for each other -  
that God will be with all of us.



Let us pray together:

We pray for the Church  
throughout the world: that it  
may follow Jesus' example  
and be a place of welcome  
for everyone.

Lord, in your mercy

**Hear our prayer**

We pray for all people  
throughout the world: that they  
may have enough food to eat  
and find comfort and support  
as they share food with others.

Lord, in your mercy

**Hear our prayer**

We pray for our school,  
parish, families and  
friends: that we may do  
what we can so all  
people may share in the  
food given by God to us  
all.

Lord, in your mercy

**Hear our prayer**

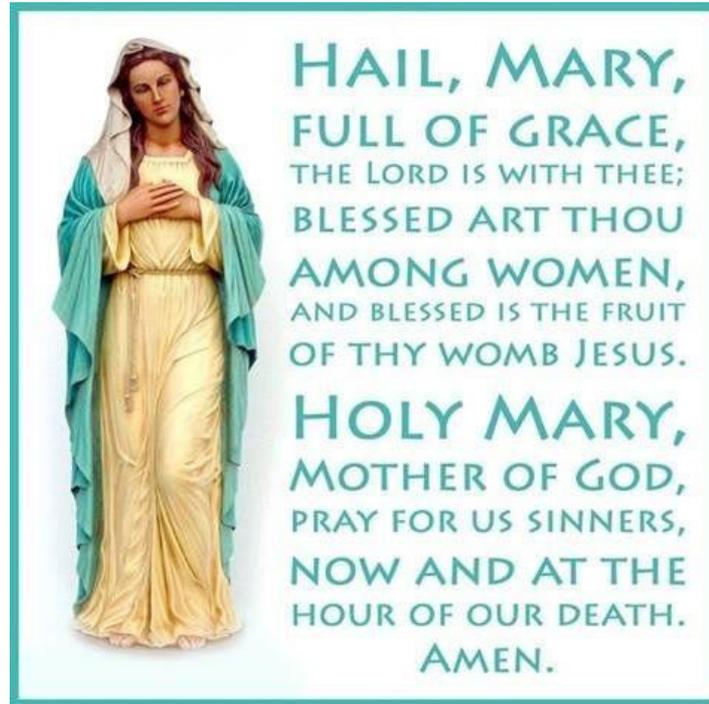
In this Jubilee Year, we  
pray that we may be  
signs of hope in our  
world through all that we  
do and how we treat  
one another.

Lord, in your mercy

**Hear our prayer**

We take a moment now to pray for our own intentions.

We ask Our Lady to intercede on our behalf as we say together ...



Creator God, you made a world of plenty with enough food for everyone. As we break bread together, fill us with your love and lead us to share whatever we are able.

**Amen.**

St Anthony

**Pray for us**

St Mark

**Pray for us**

St Francis

**Pray for us**

St Alban

**Pray for us**

How will  
you follow  
Jesus this  
week?

# In the week ahead let's ...

- ▶ think about all the people who do not have enough food to eat
- ▶ pray for them and do what we can to make sure that everyone has their fair share of food

**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**

Let us go in  
peace

**Thanks be to God**

# Our Gospel Value this week is Courage

<https://www.youtube.com/watch?v=PfRKnIRrDA>

# Our Virtue this week is Justice

